International Women’s Day

Friday, March 8, 2019
11:30 am—1:30 pm
Queensbury Hotel

Dr. Bishnu Maya Pariyar, a social worker in the areas of Domestic Violence of Women and Children, is the featured speaker. Dr Pariyar advocates helping women become agents of their own change. Women are beginning to alter their learned behavior with regards to the caste system still prevalent today. She founded ADWAN, a group that offers programs to Dalit women in Nepal to develop leadership skills and encourage women of different castes to work together.

Lunch will be a buffet to include minestrone soup, Caesar salad, Italian pasta salad, chicken breast in lemon sauce, tortellini with marinara sauce, green beans, garlic breadsticks, tiramisu for dessert & beverages.

The reservation form is at the bottom of the page. Cost: $35/person (all inclusive). Mail before February 27. Online reservations may be made at - http://tinyurl.com/y797exgc
(Note: There is an additional fee for online reservations.)

The 3rd annual luncheon is co-sponsored by Soroptimist of the Adirondacks, Zonta. Club of Glens Falls & Adirondack Branch AAUW. Bring your friends and relatives, male and female. This promises to be a fantastic day. Reserve early! The luncheons sold out last year.

We appreciate that The Queensbury Hotel is providing overnight accommodations for our speaker.

— Nan Scinta, Co-President

MATHCOUNTS, FEBRUARY 2

This year’s MATHCOUNTS competition is set for February 2, 9:30 am, Dearlove Hall, SUNY Adirondack. AAUW members can help score exams using an answer key. For more information and to sign up to help contact Jan Ritter, (518) 668-2985.

(Continued on page 6)
**BOARD MEETING: THURSDAY, FEB 7, 3PM**

The next Board meeting is on February 7, 3 - 5 p.m. in the Holden Room of the Crandall Library. Board members: Please notify Nan Scinta or Jo Ann Harig if you are unable to attend. All members are welcome to attend.

---

**SUPPORTERS OF ADIRONDACK GLIMPSES!!**

Annual contributions from members help defray the expense of publishing our Branch newsletter. All patrons and sponsors are listed in each issue unless anonymity is requested.

**Patrons - ($25 or more)**
Jean Bruce, Mary King, Ann Mathewson, Marjory Moeller, Joyce Smith, Doris Stoll, Carol Whalen

**Sponsors - ($10 or more)**
Mary Strycker

To add your name to this list, mail a check payable to Adirondack Branch AAUW to Marjory Moeller, 31 Windy Hill Rd, Glens Falls, NY 12801. Thanks for your support!

---

**NOMINATING COMMITTEE**

The Nominating Committee is looking for members to fill the following positions for a 2 yr. term:

- Co-President
- Membership Co-Vice President
- Program Co-Vice President
- Treasurer
- Nominating Committee Chair

Our organization is composed of committed members supporting our purpose of helping girls and women. Please consider helping our branch at this time by volunteering for one of the positions above. Please call Rachel Quackenbush, 518-747-6076.

---

**April 26-28, 2019**

**The Otesaga Resort, Cooperstown, NY**

Conventions provide an opportunity to vote on state officers, build awareness about AAUW and its mission, and meet members from across the state. Watch for details of the program and registration information.

Website: [AAUW-nys.org](http://AAUW-nys.org)

---

**The deadline for the March Glimpses is Feb. 7.**

Send articles via email to both: Mary King, [mary@thekingz.net](mailto:mary@thekingz.net) and Kathy Hoeltzel, [kaswitz@aol.com](mailto:kaswitz@aol.com)

Put “Adk Glimpses” in the subject line. Microsoft Word format attachments are appreciated!
Girls Go STEM Day
May 14
Encourages Girls
To Explore STEM Careers
I am happy to announce that eight new schools will be sending middle school girls to the May 14, 2019 Girls Go STEM day at SUNY Adirondack. The districts are Argyle, Cambridge, Granville, Greenwich, Hartford, Salem, Schuylerville, and St. Mary's in Glens Falls.

Please reserve this May date as soon as you open your 2019 calendars and be ready to help with campus activities.

- Nan Scinta

Saturday, May 18
AAUW Golf Tournament
Our Main Branch Fundraiser
We are in the grip of winter, but it’s never too early to think about spring and our 10th annual Golf Tournament. It is scheduled for Saturday, May 18, 2019 and will be held at the Queensbury Country Club. The format will be a four person scramble with prizes for first, second and third place teams and a prize raffle. The buffet dinner will begin after the tournament, (included for the golfers), and available for all others to sign up for. The event also includes a silent auction and 50/50 raffle.

This is our Branch’s main fundraiser. The proceeds raised are used to help fund branch projects, meetings, and our Local Memorial Scholarship.

A committee is being formed for the tournament; please call Jan Ritter at (518) 668-2985, if you can help in any way.

Join AAUW Members Campaign!
We need your help to train our first million women through AAUW’s Work Smart Online, which teaches women to negotiate for better salaries and benefits and to understand their value. Register and sample this free tool and share it with every woman you know. We recently made some updates to make the online course more user-friendly. The fastest ways to spread the word is by sending e-mails and using social media. Our new resource page shows you how to do that easily and effectively with sample language, graphics, video, and instructions to create compelling posts in just a few clicks.

—Excerpted from AAUW’s Membership Matters newsletter

January 12 Luncheon Report
Nancy Kimball, a wildlife rehabilitator for 18 years, spoke to us about her work with injured and orphaned wildlife. She has a clinic and cages in her basement, a large flying cage in her garage for birds that normally migrate south, such as the kestrel, and a 30’x12’x11’ high cage in her yard for large birds, such as the barred owl.

We got to see two birds up close and personal. Cassie, a kestrel, a small falcon, and Justin, an 8 year old barred owl. Both birds are unable to be released due to injuries to their wings. She belongs to North Country Wild Care, a network of home-based wildlife rehabilitators. In 2018 she cared for 28 creatures, including 8 hawks, and 6 red squirrels. Her biggest expense is buying frozen lab mice for food. The kestrel eats 3/day; the barred owl, 4/day. The cost of frozen lab mice has risen from $0.75 to $0.90 per mouse. If you find injured wildlife, call the Wildlife Emergency hotline, 518-964-6740.

Have you browsed the Booksmith today?
Books for Every Age and Interest

The Village Booksmith
223 Main Street
Hudson Falls, NY 12839
(518) 747-3261

Wed. - Sat. 11 - 5 Since 1976
SUNY ADIRONDACK FOUNDATION SEeks 
Volunteers for Howl Trivia Night

The SUNY Adirondack Foundation seeks volunteers for a fundraising event they are hosting on **Friday, March 22, 2019**. The Howl Trivia Night is a fun and friendly trivia competition with over 25 teams competing and raising money for scholarships. The event will be held at the new Northwest Bay Conference Center in Adirondack Hall on the Queensbury campus from 5:30pm - 8:30pm. Dinner will be provided to volunteers. Tasks include collecting answer sheets (get your steps in!) or scoring answer sheets (a seated position). More information about the event can be found at [sunnyacc.edu/trivia](http://sunnyacc.edu/trivia).

Thank you,

Jill Vogel, Assistant Director of the SUNY Adirondack Foundation

**IMPORTANT 2019 AND 2020 ANNIVERSARIES**

**May 21, 2019** - 100th Anniversary of the 19th Amendment passage in the US House of Representatives

**June 4, 2019** - 100th Anniversary of the 19th Amendment passage in the US Senate

**November 19, 2019** - 100th Anniversary of the League of Women Voters of New York State

**February 14, 2020** - 100th Anniversary of the National League of Women Voters

AAUW SPRING 2019 CALENDAR

**Saturday, April 6**

Scholarship Fundraiser Brunch
9:30 a.m. Potluck Brunch
United Methodist Church, 15 Maplewood Parkway, SGF

Speaker: Marissa DeFoe, Registered Pharmacist at Hannaford in Saratoga Springs, is scheduled to speak on the topic of common drug reactions and interactions, including interactions with over the counter medications. There will be an opportunity for questions and discussion.

Minimum $10 donation/person.

**Friday—Sunday, April 26—28**

AAUW NYS Convention
The Otesaga Resort, Cooperstown, NY
Registration and schedule coming soon!

**Tuesday, May 14**

Girls Go STEM
SUNY Adirondack, 640 Bay Rd, Queensbury NY
Program: Science, technology, engineering and math workshops for middle school girls from eight area school districts. Co-sponsored by SUNY Adk Continuing Ed. Volunteer help needed!

**Saturday, May 18**

8th Annual Golf Tournament & Buffet Dinner
Queensbury Country Club, State Route 149, Queensbury
Annual fundraiser to support our programs, meetings and scholarships. Volunteer help is needed!
Reservations required for golf or dinner only

**Thursday, June 14, 2019**

Annual Banquet
6 p.m. Social Time; 6:30 pm dinner &program
Fort William Henry Hotel, 48 Canada Street, Lake George
Program: Awards and Installation of Officers
Reservations required

---

**COMPUTER PROBLEMS?**

We Can Help

**Express Computer Restore.com**

747-5720 • 10 LA Cross ST.

---

**Where’s YOUR physical therapist?**

Local Motion Physical Therapy
Moving People Forward
Union Square
9 Broad St, Glens Falls
409-4288

Jason A. Campopiano PT
Certified MOT
www.localmotionpt.com
**ADIRONDACK AAUW STUDY/INTEREST GROUPS**

AAUW offers many unique opportunities and experiences to women. One of these valued programs is that of study/interest groups. This program enables our members to participate in small group meetings which provides for stimulating intellectual and social activities. Each group controls its own direction and course of study, interest, or activity. They vary in subject, scope, and size, according to the interests of our members.

Currently we have the following groups: Morning Literature, Evening Literature, Travel Group, Gourmet Group. We also have some interest starting the following groups: Reader's Theater, Writer's Group, Sport Activities, (hiking, snowshoeing, biking, etc.), and Great Decisions. We have leaders for 2 of these groups now. This is a wonderful way to get involved and meet other members. Please call Rachel Quackenbush, 518-747-6076, if you are interested in any of these groups. **All members are welcome in any group. Please contact the hostess if you are planning to attend. In the event that there is a change in schedule, the hostess will notify you.**

**TRAVEL GROUP**

The Travel Group meets at 6:30 on the 4th Monday of the month. Please call the hostess if you plan on attending.

- **Jan. 28**
- **Feb. 25**
- **Mar. 25**

Please call Elayne, 518-793-3081, for information or if you plan on attending.

**GOURMET GROUP**

We will be dining at the following dates, time, and locations:

- **Jan. 25**
- **Feb. 8**
- **Mar. 22**

If you would like to join us please call Rachel Quackenbush at 518-747-6076, a week in advance of the dinner.

**MORNING LITERATURE**

The Morning Literature group will meet next on Wednesday, March 13, at 9:30 am, in the Singleton Lounge at The Glen at Highland Meadows. Doris Stoll will be presenting a book report as the program after the social time. The April 10 meeting is when the group will be sharing poetry with each other, following a long established practice started by Helen Cackener.

All are welcome, and call Joyce Smith, 518-793-6379 for further information.

**EVENING LITERATURE**

This group meets monthly, on the third Tuesday at 7 pm. **Please call the hostess listed if you plan to attend.** For further information, call Elayne Leonelli at 518-793-3081.

- **2/19** Joyce Smith, hostess, 518-793-6379, meeting in the Singleton Lounge at The Glen at Highland Meadows, “Beartown” by Fredrik Backman
- **3/19** Linda Campopiano, hostess, 518-798-4637, “The Book of Essie” by Meghan MacLean Weir

---

**NANCY CATHERS**

Nancy Cathers is now in Maryland near her daughter Jennifer in a medical facility that will help her rehab from her stroke. We will all miss seeing her at meetings but can communicate with her often through cards and letters of cheer. Please send mail to her via this address: **Nancy Cathers, c/o Jennifer Keninitz, 17808 Cricket Hill Dr, Germantown, Maryland 20874**

---

**Nan Scinta**
MATHCOUNTS is a national math enrichment, coaching and competition program that promotes middle school mathematics achievement. The top three teams earn their way to the state competition. The local program is sponsored by Capital District Chapter of the New York State Society of Professional Engineers.

— Jan Ritter